

## IN AN EMERGENCY OR CRISIS

For Assistance in an Emergency: Dial 911

Lincoln County Crisis Line: 1-866-266-0288 (24/7)

National Suicide Prevention Lifeline: 1-800-273-TALK (8255) press 1 for veterans, 2 for Spanish

National Trans Suicide Hotline: 1-877-565-8860 press 1 for English, 2 for Spanish

TrevorLifeline: 1-866-488-7386 (LGBTQIA2S+)

Youthline: 1-877-968-8491 text: teen2teen to 839863

### LINCOLN COUNTY School Based Health

#### Center (SBHC) Locations

ORS 109.675-State law permits youth age 14 and older to seek mental health and alcohol and drug services without parental permission.

- Newport SBHC: 541-265-0472
- Taft SBHC: 541-265-0474
- Waldport SBHC: 541-265-0471
- Toledo SBHC: 541-265-0473

#### LOCAL Domestic Violence, Abuse, & Sexual Assault Resources

- Child & Adult Abuse Hotline: 1-855-503-7233  
Press 1 for child, 2 for adult
- Children's Advocacy Center: 541-574-0841  
www.childrensadvocacycenter.net
- Lincoln County Victim's Assistance:  
541-265-3462
- Siletz CARE Program: 541-444-1030  
Ask for CARA advocate
- My Sister's Place: 541-574-9424 advocate  
24/7 emergency shelter: 541-994-5959

### NATIONAL Domestic Violence, Abuse, and

#### Sexual Assault Resources

- National Child Help Hotline: 1-800-4-A-CHILD  
(1-800-422-4453)
- National Sexual Assault Hotline www.rainn.org –  
1-800-656-HOPE (4673)  
Press 1 for English, 2 for Spanish
- National Domestic Violence Hotline:  
1-800-799-SAFE (7233), 1-800-787-3224 (hearing  
impaired line)

### LINCOLN COUNTY

#### Behavioral Health Office

<https://www.co.lincoln.or.us/hhs/page/mental-health-substance-abuse-and-problem-gambling>

- For Child and Family: 541-265-4179
- For Adults: 541-265-4196 Newport  
541-265-4196 Lincoln City

#### LOCAL Mental Health Treatment

- Siletz Community Health Clinic Behavioral Health  
541-444-8286 or 800-600-5599, www.ctsi.nsn.us
- Olalla Center, Toledo, Youth Day Treatment &  
Child & Family: 541-336-1803, ww.olallacenter.or
- Coastal Center for Collaborative Health, LLC,  
Lincoln City: 541-557-1892
- Samaritan Mental Health and Psychiatry Providers
  - Newport – Psychiatry Marc Taylor, PhD &  
Charles Romero, MD: 541-265-8816
  - Lincoln City – Psychiatry, Patricia Gardner,  
MD: 541-996-7480
  - Lincoln City - Psychiatry Pediatric - Megan  
Sorensen, DNP, CNS: 541-994-9191

#### NATIONAL Mental Health Treatment

- SAMHSA's National Helpline provides free, 24-hour  
information and referral assistance to local treatment  
facilities, support groups, and community-based  
organizations. 1-800-662-HELP (4357)
- National Alliance on Mental Illness (NAMI) Information  
HelpLine provides information and referral services.  
1-800-950-NAMI (6264)

## LOCAL Substance Abuse Treatment

- Reconnections Counseling: [www.reconnectionsounseling.com](http://www.reconnectionsounseling.com) / Newport: 541-574-9570, Toledo: 541-336-5476, Lincoln City: 541-994-4198, Florence: 541-997-1697
- Siletz Community Health Clinic: [www.ctsi.nsn.us](http://www.ctsi.nsn.us) / 541-444-1030 or 800-648-0449
- Discovery Counseling-Newport: [www.discoverycounseling.co](http://www.discoverycounseling.co) / Newport: 541-574-9050, Waldport: 541-574-9050, Lincoln City: 541-574-9050, Corvallis: 541-752-2703
- Phoenix Wellness Center program: [www.phoenixwellnesscenter.org](http://www.phoenixwellnesscenter.org) / Newport: 541-272-5048

## HOMELESS YOUTH RESOURCES

- Emergency and Referral Services National Runaway Safeline: 1-800-621-4000  
Lincoln County Youth Shelter: Newport 541-265-6968 (24-hour)
- Jackson Street Youth Services - Corvallis: 24 hr 800-901-2904 / [www.jacksonstreet.org](http://www.jacksonstreet.org)
- Family Promise of Lincoln County: 541-261-7410 [www.familypromiseoflincolncounty.org](http://www.familypromiseoflincolncounty.org)

## LOCAL Gay, Lesbian, Bisexual, Transgender Support Resources

- PFLAG – Oregon Central Coast Parents, Friends, and Families of Lesbians and Gays: 541-336-2254 [www.occpflag.org](http://www.occpflag.org)
- Bravery Center - Toledo: 541-265-7194 [www.olallacenter.org/bravery-center](http://www.olallacenter.org/bravery-center)

## ADDITIONAL RESOURCES

- Lincoln County 211-Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more. Dial 211
- Community Services Consortium (CSC), Assistance with employment & training, energy & housing assistance, weatherization. 541-265-8505
- DHS Self Sufficiency - To apply for food, cash and medical benefits, Newport office: 541-265-2248
- Lincoln County Legal Aid - Legal Advice, provides legal information, lawyer profiles and a community to help individuals make legal decisions. [www.findlaw.com](http://www.findlaw.com) / 541-265-5305
- Lincoln County Dial-A-Ride - The cost is \$1 for a one-way ride plus \$1 per each additional stop. Please reserve 24 hours in advance: 541-265-4900
- Bright Horizons Therapeutic Riding Center - To improve the physical and emotional well-being of individuals and their families through therapeutic equestrian activities. Siletz: [www.brighthorizonsriding.org](http://www.brighthorizonsriding.org) / 541-961-4156
- Centro de Ayuda - Serves the expanding Hispanic community of Lincoln County providing referral and resources for individuals and families. 541-265-6216
- Lincoln County Food Share and Associated Food Pantries. [www.foodsharelc.org](http://www.foodsharelc.org) / 541-265-8578
- Safe Families for Children: Surrounds families in crisis with caring, compassionate community. Hosts vulnerable children and creates extended family-like supports for desperate families through a community of devoted volunteers who are motivated by compassion to keep children safe and families intact. [www.safe-families.org](http://www.safe-families.org) / 541-261-7410